

# NCS L

Evelyn Valenzuela NCSL Delegate Fall 2014 Orlando, Florida

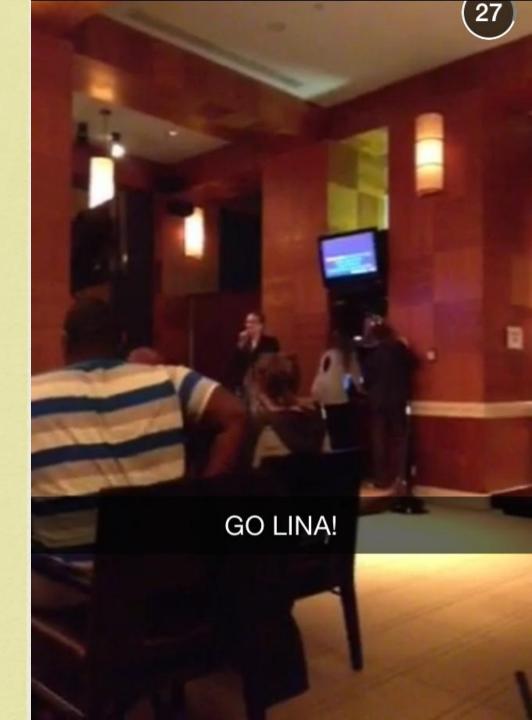
#### I learned...

- Million Dollar Meal
- Networking
- How to Network
- Random Acts of KIndness
- Dance Floor Theory
- Conflict Management
- ... I can go on and on...

But, the most important thing we ALL learned from the conference was...

### CONFIDENCE

Being able to go in front of a crowd, and being yourself.





Networking and receiving advice from students of other colleges.



Becoming like a family despite any differences.





Friendships became closer.

Why?

You can learn a lot, but learning or gaining confidence is more than just sitting down in a conferene and absorbing information. It is your transformational experience from student to student leader.

### Goal

Because of this, I would like us to be confident in ourselves so that we could act as a family and able to tackle on more challenges.

# Lets RAK

Random Acts of Kindness

Lets make someone's day and offer Free Hugs with **Cody!** 

"A full-body hug stimulates your nervous system while decreasing feelings of loneliness, combating fear, increasing self-esteem, defusing tension, and showing appreciation."



#### Clothespin Tag

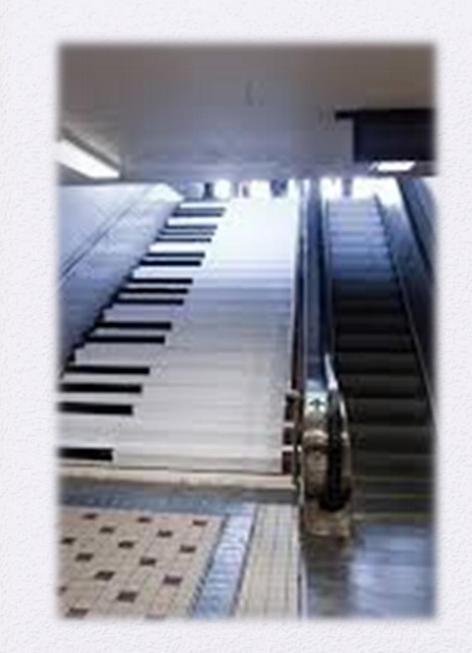
EVERY student leader is given a pin with their initials. They are going to pin it on someone's clothing or backpack. The point of the game is to pass the pin around with a quote to cheer students up.



Bringing Happiness



There are so many things our students face that are either boring/challenging and have become disinterested so lets make it our job to bring back entertainment to our campus.



# There is endless acts of kindness.

So, let's start this semester.